

DESIGNING YOUR NEXT CHAPTER

A PROGRAM FOR C-SUITE LEADERS

Are you an executive who is ready for change?

Do you have a sense that a new career or life chapter is calling you, but you are not sure what your next chapter looks like yet?

Perhaps you are approaching “retirement”, transitioning out of your company, just sold your business, or you are considering a fresh start due to a change in life circumstances?

Or, perhaps after many years as an executive you are wondering: Is there a fulfilling life after being a top executive? *What will you do with yourself?*

It's time to proactively define your next chapter.

IF YOU ARE
READY FOR
A NEW LIFE
CHAPTER THIS
PROGRAM IS
FOR YOU.

OVERVIEW

We developed this program for C-suite executives who are at an inflection point in their lives and want to intentionally design their next life chapter by working through some of life's bigger questions in a community of supportive and inspiring executives.

This program is for you if you want your next life chapter to be vibrant, and fulfilling, but you don't necessarily want your current career to be the dominant force in your life. Ultimately, you want to now work in a way that is more satisfying and combines other compelling elements that bring fulfillment.

It is also for you if you want to redefine and reframe what the concept of “retirement” means to you, and you want to make a meaningful contribution to the world in a way that fits with your desired lifestyle.

PROGRAM OBJECTIVES

ENVISION THE FUTURE

- > In this program we will help you envision the future you want to create and define new ways of being in the world.
- > We will help you look at your life through the lens of transitions, acknowledging that at this stage of your life you are likely going through multiple transitions simultaneously (career, parents, kids, partners, and work) which creates both opportunities and constraints.
- > We will help you to clarify what is different about this life stage compared to others you have been through, and what is most important to you at this point in your life.

EXPLORE UNLIVED LIVES, CREATIVITY AND SPIRITUALITY

- > Throughout the program you will explore your interests and passions, uncovering parts of your yourself and interests that you were eager to develop when younger, but perhaps put on hold to pursue your career and raise your family.
- > We will also examine what role spirituality will play in this next chapter, and to what extent you want a spiritual worldview to influence your life and work at this stage.

UNTANGLE EMOTIONS

- > A key part of the program is navigating the mixed emotions that come up during transitions, so you can better understand them and sort them out.
- > As you know, it's much easier to design your next chapter than implement it. Resistance reigns.

GIVE BACK

- > By the end of the program you will have clarity on how you can give back in an organized and substantive way.
- > Whether it's running another company, starting a new venture, writing poetry, or working on behalf of a volunteer organization, you will find a path that is right for you.

SECONDARY THEMES

A greater awareness of health and wellness issues

A greater awareness of financial wellness and related issues

A concern with aging parents, and issues with adult children

A desire for this to be THE BEST time in life

HOW IT WORKS

This is a 9-month program beginning in October 2018 and running through to June 2019. The program begins and ends with a two-day workshop at the beautiful **Brew Creek Centre** close to Whistler BC (meals and accommodation included). Other elements include:

C-SUITE COHORT

Throughout the program you will be placed in a cohort of up to 12 other C-suite and senior executive leaders. Each cohort member will meet our admissions criteria, and sign a confidentiality agreement. Your cohort will help you come up with high value ideas that are likely better than what you could possibly develop for yourself, share their experiences, and support your personal growth.

EXPERIENTIAL TOOLS

To help you consider your whole life, and how different elements inter-relate you will receive a suite of tools and workbooks that incorporate experiential exercises related to transitions and life design. Many of the tools come from Design Thinking¹, a methodology that advocates coming up with best case scenarios and prototyping new directions.

VIRTUAL PEER LEARNING & SUPPORT

Throughout the program there will be three 90-minute webinars which include peer advice, and relevant topics.

EXECUTIVE COACH

In addition, there will be four one on one coaching sessions with a Waterfront Coach, giving you the opportunity to think more deeply about your next chapter, examine your mindset and attitudes, and take fulfilling steps.

YOUR NEXT CHAPTER VISION

What is waiting around the corner for you?

How would you be starting each day?

Who would you be spending time with?

What is the blank slate you want to give yourself?

¹ Based on the work of Bill Burnett and Dave Evans of Stanford University and their book “**Design Your Life: How to build a well-lived and joyful life**”

DATES

See full course calendar and schedule. Two required face to face sessions at the Brew Creek Centre, near Whistler BC.

Friday, November 23 pm through
to noon on Sunday, November 25

2018

&

Friday, June 7 pm through
to noon on Sunday, June 9

2019

TO APPLY

If you are interested in participating in this program please contact Natalie or Brian at info@waterfront-partners.com.

Applicants are carefully selected to ensure the overall success and benefits of the group and to make sure it is a right fit for everyone involved.

ADMISSIONS CRITERIA INCLUDE

- > Held a C-Suite or other top executive position
- > Interested in personal development and growth
- > Willingness to contribute to the success of the cohort
- > Able to attend both face to face events in Whistler, BC

INVESTMENT

\$8000 plus GST, which includes four days of accommodation at the Brew Creek Centre, and three meals per day at the face to face workshops.

THE FACILITATORS

> **Brian Conlin** is a CEO-Coach and CEO Succession Advisor, and the past Global CEO of Golder and Associates, a billion dollar plus organization. After his role at Golder he went through a next chapter transition himself, re-positioning his career to coaching and Board work, and becoming a grand-father for the first time.



> **Natalie Michael** is a C-Suite coach and CEO Succession Advisor with more than 15 years experience coaching hundreds of executives. She has designed leadership, career, and coaching programs for Fortune 100 companies, start-ups, and individual clients. So far, her two key transitions were when becoming a mother, and at mid-life (a bit more than she bargained for).

ADVISORY PANEL

We designed this program with the generous support of an advisory panel.

A SPECIAL THANK YOU TO

- > **Drew Collier, President**, LGM Financial
- > **Riyaz Devji**, fmr CEO, North American Tea and Coffee
- > **Gord Nelson**, fmr Regional VP, Rogers Communications
- > **Walt Sutton**, Entrepreneur, CEO Coach and fmr CEO/ business owner

TO LEARN MORE PLEASE CONTACT

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